
FORENSIC COUNSELING SERVICES

Aaron Robb, Ph.D.
Program Director

Mailing address:

2831 Eldorado Pkwy, Ste. 103-377, Frisco, TX 75033

Telephone: 972-360-7437

Interview office:

250 N. Mill St. Suite 5, Lewisville (across from City Hall)

Fax: 940-343-2601

www.texascounseling.org

ADULT INFORMATION FORM

Name _____ Gender: _____

Date of Birth _____ Age _____ Date completed: _____

MEDICAL HISTORY

Name of primary care physician: _____

Address: _____

Phone: _____ Fax: _____

Last medical evaluation (date): _____ Next appointment (date): _____

Other physicians you see:

Name: _____ Reason: _____

Name: _____ Reason: _____

Current medications being taken (use additional pages if needed):

Medication name	Dosage and Frequency	Start Date	Purpose

Have you ever been hospitalized for medical or psychiatric reasons? (Circle one) YES NO

Hospital name/address	Date	Reason

Have you ever been in counseling/therapy for any reason? (Circle one) YES NO

Counselor/therapist name/address	Date	Reason

Recreational drug use/experimentation history:

Type of drug	How much	How often	Last use

Any alcohol use currently? (Circle one) YES NO Any past use? (Circle one) YES NO

If yes to either, what kind/how much? _____

Any tobacco use currently? (Circle one) YES NO Any past use? (Circle one) YES NO

If yes to either, what kind/how much? _____

Describe any other health problems or important medical history about you or your immediate family members and close relatives, including chronic ailments, depression, anxiety, or other emotional difficulties: _____

SCHOOL AND FAMILY HISTORY

Past and current school names/locations	Dates of attendance	Degree/Last grade completed

Did you experience any developmental, academic or behavior problems as a child or while in school, with peers or teachers? (Circle One) YES NO If yes, please explain:

If you did not complete high school, please explain why: _____

How would you describe your current support network? (friends, relatives, etc.):

Please check all information which applies to your parents and other persons who raised you:

Biological Mother	Biological Father	Other Who: _____	Other Who: _____
<input type="checkbox"/> living	<input type="checkbox"/> living	<input type="checkbox"/> living	<input type="checkbox"/> living
<input type="checkbox"/> deceased	<input type="checkbox"/> deceased	<input type="checkbox"/> deceased	<input type="checkbox"/> deceased
<input type="checkbox"/> married	<input type="checkbox"/> married	<input type="checkbox"/> married	<input type="checkbox"/> married
<input type="checkbox"/> divorced	<input type="checkbox"/> divorced	<input type="checkbox"/> divorced	<input type="checkbox"/> divorced
<input type="checkbox"/> remarried	<input type="checkbox"/> remarried	<input type="checkbox"/> remarried	<input type="checkbox"/> remarried

Where do these people live currently: _____

Describe your relationship with your mother while growing up: _____

Currently: _____

Describe your relationship with your father while growing up: _____

Currently: _____

Describe your relationship with others who raised you while growing up: _____

Currently: _____

Your brothers & sisters:

Name	Age	Relationship (same parents, stepsibling, halfsibling, etc.)

Describe any family problems which occurred while growing up relating to:

Alcohol/drug abuse: _____

Sexual/physical/emotional abuse: _____

Law enforcement (convictions, arrests, criminal involvement): _____

MARITAL HISTORY

Marital status: ___Single/never married ___Married ___Separated ___Divorced
 ___Widowed ___Living w/someone ___ Other: _____

If currently married, when were you married? _____

If living with someone, for how long? _____

Please list your children:

Name	Age	Relationship (biological, step, etc.)	Lives with

If you are currently going through a divorce or other litigation please provide the following

Your Attorney's Name: _____

Address: _____

Street

City

State

Zip Code

Telephone Number: _____ Fax Number: _____

DAY TO DAY FUNCTIONING

Please check any of the following that describe how you have been feeling lately:

sad anxious depressed frightened guilty angry

ashamed aggressive resentful worthless tearful irritable

confused extreme ups/downs jealous hopeless helpless

Describe any other feelings you have had that concern you: _____

Please check any of the following that apply to you:

I sometimes hear voices even though no one nearby is talking to me.

I sometimes feel that forces outside of me control me.

I sometimes feel that other people control my thoughts.

I sometimes have the same thought over and over and cannot control it.

I sometimes feel that someone is out to hurt me or do something against me.

I am sometimes unable to control my behavior.

Please explain: _____

Do you participate in regular exercise? (Circle One) YES NO

Have you had any change in eating or sleeping habits? (Circle One) YES NO

If yes, please describe: _____

What activities or hobbies do you participate in? _____

Describe your current working environment: _____

List any adult involvement with law enforcement (current or past convictions, arrests, criminal involvement, etc.): _____

Have you ever **considered suicide**

- in connection to your **current** problems? (Circle One) YES NO

If yes, please describe when and what you considered: _____

- in the **past**? (Circle One) YES NO

If yes, please describe when and what you considered: _____

Have you **attempted** suicide recently or in the past? (Circle One) YES NO

If yes, please describe when and what you tried: _____

Have you had any thoughts of **hurting others**

- recently or in regard to your **current** problems? (Circle One) YES NO

If yes, please explain: _____

- in the **past**? (Circle One) YES NO

If yes, please explain: _____

CURRENT CONCERNS AND GOALS

Please note any current impediments or problems in daily emotional, social or occupational functioning (e.g. isolation from friends/family, difficulty completing daily tasks, financial strain, recent divorce, problems at work, etc.) or other information you would like to share:

What are your goals for therapy: _____
